

Fish Pie details

Ingredients

Partially Reconstituted Potato, Water, Alaska Pollock (**Fish**) (15%), **Wheat** Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), **Milk** Powder (**Milk** Proteins, Whey Powder (**Milk**), Dried Skimmed **Milk**), Rapeseed Oil, **Butter** (**Milk**) (1.5%), Cornflour, Salt, Coloured **Cheddar Cheese** (**Cheese** (**Milk**), Colour (Annatto Norbixin)), Parsley, Onion Powder, Yeast, White Pepper, Yeast Extract, Flavouring, Colours: Paprika Extract, Curcumin; Sunflower Oil.

ALLERGY ADVICE: FOR ALLERGENS, SEE UNDERLINED INGREDIENTS IN BOLD. WARNING! ALTHOUGH EVERY EFFORT HAS BEEN MADE TO REMOVE ALL BONES, SOME MAY REMAIN.

How to cook

Oven Frozen

Fan 200°C Cook time: - 40 min.

Gas 7

Pre-heat oven Fan 200°C/Gas 7.

Remove outer packaging and film lid.

Place on a baking tray near the middle of the oven for 40 minutes.

Microwave Frozen

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Remove outer packaging and pierce film lid several times.

Place on a microwaveable plate.

Cook for 7 minutes.

Stand for 1 minute before serving.